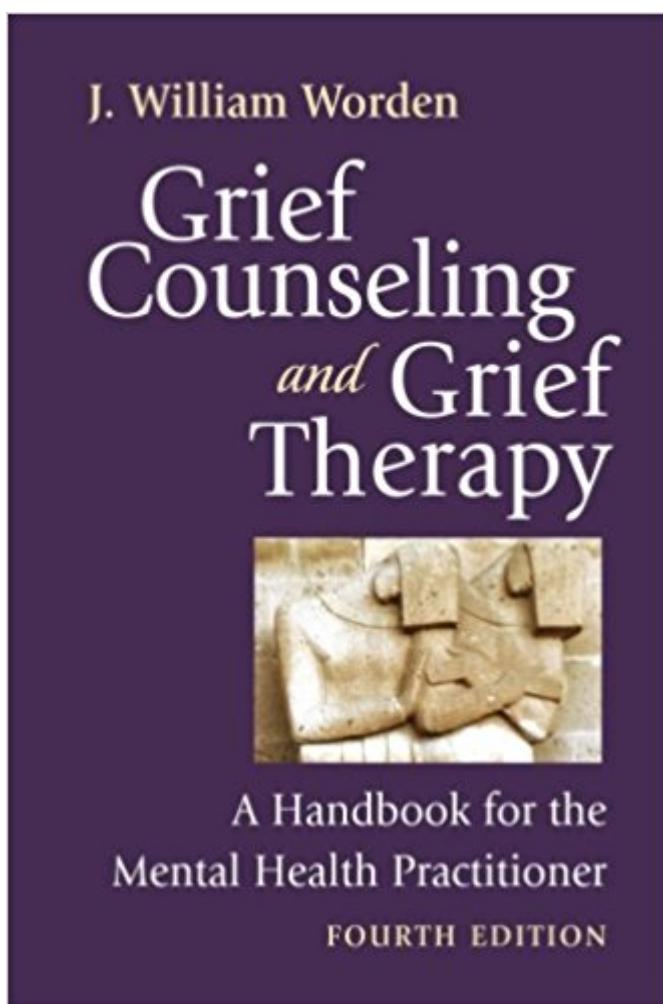


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# Grief Counseling And Grief Therapy, Fourth Edition: A Handbook For The Mental Health Practitioner



## Synopsis

Named a 2013 Doody's Core Title! In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant....ALL of us, personally and professionally, are indebted to J. William Worden. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning (our own and those of others) for the sake of all who mourn." --Illness, Crisis, & Loss Every helping professional will profit from Worden's treatment of uncomplicated and complicated mourning. Especially hopefully is his material on the many types of loss...I highly recommend Worden's book."--Ministry Recipient of The International Work Group on Death, Dying and Bereavement Herman Feifel Award. Dr. Worden presents the highly anticipated fourth edition to Grief Counseling and Grief Therapy, the gold standard of grief therapy handbooks. The previous editions, translated into 12 languages, received worldwide acclaim for their sensitive, insightful, and practical approach to grief counseling. In this updated and revised fourth edition, Dr. Worden presents his most recent thinking on bereavement drawn from extensive research, clinical work, and the best of the new literature. Key Features: The task model has been modified to account for new thinking and research findings in the field, including meaning making, resilience, and continuing bonds A new chapter on the Mediators of Mourning helps clinicians to understand what accounts for individual differences in adapting to the death of a loved one Looks at recent controversies in the field including the best way to understand complicated bereavement and the efficacy of grief counseling and therapy Presents the vital distinction between grief and trauma, and highlights different intervention approaches for each Comprehensive and highly organized, this text is useful to therapists just beginning to work in the field as well as seasoned practitioners.

## Book Information

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## Customer Reviews

"Worden... has again provided mental health professionals with a superb guide describing specific principles and procedures that may be helpful in working with bereaved clients undergoing normal or abnormal grief reactions... an extremely practical book and an invaluable resource."

--Contemporary Psychology "This book is the 'Bible' for those involved in the field of bereavement work...It is a straightforward, tightly focused, practical, soundly reasoned, compact working text."

--William M. Lamers, Jr., MD., The Lamers Medical Group "If you had one book dealing with grief counseling available to you, this is the one you should select." --Caregiver Quarterly"

J. William Worden, PhD, ABPP "The Fourth Edition of this book retains all the theoretical strengths and clinical wisdom of past editions, while incorporating emerging theories and cutting-edge research. It is required reading for any counselor, educator, or researcher who wishes to understand grief." -- Kenneth J. Doka, PhD, Professor, The Graduate School, The College of New Rochelle, Senior Consultant, The Hospice Foundation of America "I can't think of a thing Worden has missed." -- Stephen Fleming, PhD, Department of Psychology, Faculty of Health, York University Toronto, Ontario Canada "[If] you knew Worden's work and his writings previously, you'll find an enhanced book with a much broader and challenging perspective than his previous editions. If you are not familiar with Bill Worden, then it is time to begin." -- Ben Wolfe, MEd, LICSW, Fellow in Thanatology, Program Manager/Grief Counselor, St. Mary's Medical Center's Grief Support Center Duluth, MN, Past President, Association for Death Education and Counseling "For any hospice or therapist working with the bereaved, Grief counseling and grief therapy is an essential part of your library. Once again Worden has demonstrated the important distinction between counseling and therapy for the bereaved." --Stephen R. Connor, PhD, Vice President for Research and International Development, National Hospice and Palliative Care Organization Praise for the Previous Edition: "This book is the 'Bible' for those involved in the field of bereavement work...It is a straightforward, tightly focused, practical, soundly reasoned, compact working text." -- William M. Lamers Jr., MD, The Lamers Medical Group "There are many yardsticks by which we find a person to be a giant. • In the fields of death education, research and counseling/psychology, surely Bill Worden is a giant....His four volumes span some 20 years. Each volume keeps the solid essentials that never really change, but get some buffing and polishing....Worden demands that we stay current and will not tolerate anything that hints of second best. The foundations stay, but the

substance continues to evolve. So, with volume four we have a handy, well-stated review....ALL of us, personally and professionally, are indebted to J. William Worden. From his work we may be just a bit wiser, a bit healthier, a bit more competent, and a lot more in touch with meaning (our own and those of others) for the sake of all who mourn." Richard B. Gilbert, PhD, CT, (D)AAETS Faculty, Mercy College, New York Faculty, Benedictine University of Illinois

Excellent

Better than the 2nd edition that I have, and more in-depth and gets into trauma work as well. Could have had more on grief and trauma, and grief and mental illness (though these are addressed through out the book).

great book

This book is an excellent resource for anyone doing grief counseling and/or grief therapy. It is well organized, thorough and filled with references to his own and others' research. A must have for people in the field.

Informative and direct: not filled with unnecessary wording. As a therapist who facilitates a grief and loss group, this book was my foundation for designing an outline for the group.

This is a useful and practical book for mental health clinicians and counsellors alike. Terms are easy to understand and apply. This book is based on sound theoretical framework and clinical research with evidence-based interventions. Insightful and helpful.LP Psychologist

This book certainly has a wow factor about it. I found it to be one of the most comprehensive books I have read on the subject of bereavement. The share wealth of knowledge contained in the book reflects the understanding and qualification of the author. It is without reservation I recommend itM. Jiang

Academic compendium of the historical and current thinking on grief, loss and recovery. I found it helpful as a resource for a speech I was asked to give on the topic.

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